



Encouragement Consultant Certification

OCTOBER 25, 27
NOVEMBER 1, 3, 8, 10

Online: 10am-1 EST
with
Deborah Owen-
Sohocki

WHAT DO I LEARN IN AN EC COURSE?

The six-day course is packed with experiential activities that focus on developing awareness, acceptance, and action plans. For those who have studied PD, they will learn how to apply PD to to adult relationships. They'll learn how to use PD tools to grow up the inner children who live inside of them, who are waiting for understanding and help to move forward. Course participants will have a deeper understanding of how Adlerian psychology is useful and helpful to increase self-love and understanding. They'll have an alternative to the medical model, which is called the encouragement model, and they'll understand why this model is more productive. They'll also learn about the seven steps to creativity and joy. For those who want to help others, they'll find several ways to do that while earning money at the same time. They include one-on-one sessions and group classes.





Facilitator: **Deborah Owen-Sohocki**, LPC, CPDLT, EC, HMCTC, is an international teacher, trainer, author, and coach. She is a licensed psychotherapist specializing in Adlerian studies working with families and children. She has taught at ICASSI, the International Adlerian Summer School, and finds that Adlerian psychology is relevant to all cultures: in business, schools, and families. Deborah began her encouragement consulting journey in 1991 as she began utilizing Lynn Lott's materials. She is now a certified Encouragement Consultant Master Trainer and experiences great joy when her client's step with courage into their Whole Self and let go of limiting beliefs. Deborah has also been an educator since 1972. She has taught PK–HS, Title One, Special-Ed, High Risk Children, and college adult learners and has used PD for 32 years. After many years of being exposed to different types of trainings, she has never found anything more effective than using Positive Discipline in the classroom, in the home, in business, and community organizations to create real change by creating effective relationships. She is a co-author of Positive Discipline: A Teacher's A–Z Guide. Deborah is also a certified HeartMath® Trainer, Coach, and certified PD Lead Trainer. Her clients are families, schools, businesses, and community organizations. Deborah is the owner and president of the Center for Heart Based Living LLC. She is passionate in facilitating cooperative relationships built on love, wisdom, courage, and connection. Deborah is a mother of two, step-mother of four, and grandmother of six.



**LIMITED SPACES. REGISTER HERE \$345.
(PRICE INCREASES TO \$395 ON 10/15)**

REQUIRED MATERIALS LINK HERE

**For more information please contact Deb:
deborahmowensohocki@gmail.com**